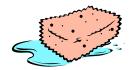


Developing fine motor control is a key skill in learning to write. You can help your child gain more control of small muscles through...

Squeezing activities.

Let him move water from bowl to bowl with a sponge.

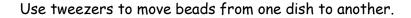


Provide play dough.

Squeeze a small ball or bean bag.

Pinching activities.

Move water with an eye dropper.





Peg washing to a line.

Using scissors (with your supervision).

Cut pictures from magazines.

Cut play dough.

Cut plain paper or lined paper.

Cut collage pieces.

Lacing and stringing.

Lacing cards are available in toy shops.

Have them practice lacing and then tying shoes.

Use shoe laces to string beads or macaroni.

Tracing activities.

Draw lines on a page and have them trace the lines (from left to right).

Find a book with simple mazes for your child to trace.

Spread some shaving cream or baby lotion on to a flat surface. Let your child make marks with his fingers.



