

Wednesday, 03 June 2026

Dear Y6 Parents/Carers,

This half term, Year 6 will, as part of the Jigsaw 'Changing Me' PSHCE curriculum, be studying Sex and Relationships education; this will be taught in weekly sessions over the half term.

In Year 6, this involves recapping some of the Year 4/5 programmes, and includes, for example, opportunities to discuss changes for girls and boys during puberty, as well as how sex is portrayed in the media.

This will be done using up-to-date PowerPoints, short animations, discussion activities and games. There will be plenty of opportunity for the children to ask questions and we will also make available a question box, where children can ask questions anonymously. The six sections we will also cover are entitled:

- My Self-Image
- Puberty
- Babies: Conception to Birth
- Boyfriends and Girlfriends
- Real Self and Ideal Self
- The Year Ahead (transitions, hopes and dreams, etc.)

Parents/carers have the right to withdraw children from the part of the PSHE curriculum that covers 'Sex Education' i.e. the lesson covering conception. Please contact the school if you would like further information about exactly what will be taught before you make a decision. If you do wish to withdraw your child from this lesson, please send an email to the school office before the end of this week.

Relationships Education, Health Education and Science are, however, now compulsory subjects, and parents/carers do not have the right to withdraw their children from these subjects, including the lessons covering puberty. Therefore, if you opt to withdraw your child from the PSHE lesson that covers conception, they will still cover conception in mammals and gestation periods of humans and other mammals in their science lessons, as it is part of the National Curriculum which is compulsory.

Further information can be found by visiting our website <https://stpetershenfield.org.uk/pshe/> and clicking on the information pack for parents/carers link.

Yours sincerely,
Year 6 Team

