



St Peter's

Church of England (Aided) Primary School
Henfield

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26th March 2026

Dear Parents/Carers,

We are very pleased to inform you that as from **w/b 20th APRIL 2026**, your child will be taking part in Forest School.

The Forest School Association says:

'Forest School is an inspirational process that offers ALL learners regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a woodland or natural environment with trees.

Forest School is a specialised learning approach that sits within and complements the wider context of outdoor and woodland education.'

We will be starting the sessions for **SEALS** on **MONDAY 20TH APRIL** and on **TUESDAY 28th APRIL** for **PENGUINS**; please check the other session dates in the list below. PLEASE NOTE: dates are slightly haphazard due to various Bank Holidays and Y4 residential trips, so please double check your calendars before sending children in wearing their FS clothes!

Mr Tombling will be running the weekly FS sessions, with half of each class participating in the morning and the other half in the afternoon.

We will be going out ***whatever the weather***, and with this in mind, we have included a simple kit list at the end of this letter which we hope you will be able to get ready before we start. Rest assured, we won't be going out if it's too windy or if there is any thunder about, but the idea is that the children experience the natural world, come rain or shine. Hopefully the weather will be kind to us, but as we are in the middle of Spring in all its glory, it's best to be well prepared!

The dates are therefore as follows:

SEALS: MONDAYS – 20th and 27th April, then 11th, 18th and 21st May – the last date is a Thursday, our session at Woods Mill

PENGUINS: TUESDAYS – 28th April, then 5th, 12th, 19th and 21st May – again, the last date is a Thursday, our session at Woods Mill

This makes 5 sessions in total.

As mentioned above, the children will be outside, following a Forest School curriculum which is based on elements of natural crafts, wood/bush crafts, art and drama, storytelling, outdoor cooking, natural history, games and teamwork, environmental studies and countryside lore.

An important aspect will be to enable the children to acquire appropriate skills including keeping safe in the outdoor environment, using hand tools for crafts and the safe use of fire. Every effort has been made to keep FS activities safe, including doing all the necessary risk assessments and site surveys, but one of the

stated aims of FS is to allow children to take risks and have adventures, to engage with the environment around them in a deeper way. For example, we will be talking about nettles and brambles and holes in the ground, amongst other things, that are part of the environment that they will be working/playing in, which they will need to learn to manage – but we won't be removing the nettles or brambles!

Also, getting 'dirty' is inevitable, so listed below are items which would be **essential** for the children to have with them on FS Mondays or Tuesdays:

Forest School Kit List

Please note that children will be outside for the whole session and they need to wear layers of clothes so that they stay warm and dry.

- Waterproof cagoule or similar
- Waterproof trousers
- Walking boots (If you only have wellington boots, PLEASE ensure that children have WARM, THICK socks as feet can become very cold in this type of footwear.)
- THICK socks (or at least two pairs of thinner socks) when wearing the boots
- Jumper or sweat shirt or fleece for warmth
- Old trousers (please note - leggings are not warm enough, unless worn with other layers)
- **MUST HAVE A LONG-SLEEVE** top
- Extra t-shirts to create layers
- Hat or cap if sunny
- Sun-cream applied as and when necessary
- **Please ensure every item is named!**

Your child will be told whether they are in either the morning or afternoon group the week before they start. If your child is in the morning group they should come to school in their FS clothes, which they will change out of (into their school uniform) when their session has finished. Children who are in the afternoon group should come to school in their uniform and then change into their FS gear in the afternoon. We will take the first half of the class for approximately 2 hours in the morning, and then repeat the activity with the second group in the afternoon.

If you have any questions or concerns about FS, please don't hesitate to contact us.

We are really looking forward to working with your children and continuing the FS adventure with them; we hope and trust that you too will embrace this venture with a similar level of enthusiasm and interest!

Yours sincerely,

Mr. David Tombling

PS If you are able and willing to help, please let the Office know asap – we hope to run all the sessions but unfortunately, due to various staffing constraints, they won't happen if we don't have at least one other person willing to help!