

Monday, 02 June 2025

Dear Y4 Parents/Carers,

This half term, Year 4 will, as part of the Jigsaw 'Changing Me' PSHCE curriculum, be studying Sex and Relationships education; this will be taught in weekly sessions over the half term.

In Year 4, this involves recapping some of the Year 3 programme, and includes, for example, opportunities to discuss how girls' and boys' bodies change during the growing up process.

This will be done using up-to-date PowerPoints, short animations, discussion activities and games. There will be plenty of opportunity for the children to ask questions and we will also make available a question box, where children can ask questions anonymously. The six sections we will also cover are entitled:

- How Babies Grow
- Babies
- Outside Body Changes
- Inside Body Changes
- Family Stereotypes
- Looking Ahead

Relationships Education, Health Education and Science are compulsory subjects, and parents/carers do not have the right to withdraw their children from these subjects, including the lessons covering puberty. Parents/carers do have the right to withdraw children from the part of the PSHE curriculum that covers 'Sex Education' i.e. the lesson covering conception but this is not covered in Y4. If you would like further information about exactly what will be taught in Y4 please send an email to the school office in the next few days.

Further information can be found by visiting our website <https://stpetershenfield.org.uk/pshe/> and clicking on the information pack for parents/carers link.

Yours sincerely

Year 4 Team

