

### Food Menu – Week 1

<b>Monday</b>	<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>➤ Pancakes with fruit / syrup</li> <li>➤ Selection of cereals</li> <li>➤ Yoghurt</li> </ul>
	<b>AFTER SCHOOL SNACK</b>	<ul style="list-style-type: none"> <li>➤ Apples</li> <li>➤ Raisins</li> <li>➤ Rice Cakes</li> </ul>
	<b>TEA</b>	<ul style="list-style-type: none"> <li>➤ Baked Beans or Scrambled Egg on wholemeal toast</li> <li>➤ Angel Delight</li> </ul>

<b>Tuesday</b>	<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>➤ Toast with butter / jam / marmite</li> <li>➤ Selection of cereals</li> <li>➤ Yoghurt</li> </ul>
	<b>AFTER SCHOOL SNACK</b>	<ul style="list-style-type: none"> <li>➤ Grapes</li> <li>➤ Kiwi</li> <li>➤ Crackers</li> </ul>
	<b>TEA</b>	<ul style="list-style-type: none"> <li>➤ Wraps with cheese / ham / tuna mayonnaise</li> <li>➤ Veg. sticks</li> <li>➤ Banana and custard</li> </ul>

<b>Wednesday</b>	<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>➤ Crumpets with butter / jam / marmite</li> <li>➤ Selection of cereals</li> <li>➤ Yoghurt</li> </ul>
	<b>AFTER SCHOOL SNACK</b>	<ul style="list-style-type: none"> <li>➤ Veg. batons</li> <li>➤ Houmous / cream cheese</li> </ul>
	<b>TEA</b>	<ul style="list-style-type: none"> <li>➤ Cold pasta salad with sweetcorn and cheese or tuna mayo</li> <li>➤ Jelly</li> </ul>

<b>Thursday</b>	<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>➤ Bagels with cream cheese / jam</li> <li>➤ Selection of cereals</li> <li>➤ Yoghurt</li> </ul>
	<b>AFTER SCHOOL SNACK</b>	<ul style="list-style-type: none"> <li>➤ Orange slices</li> <li>➤ Popcorn</li> </ul>
	<b>TEA</b>	<ul style="list-style-type: none"> <li>➤ Pizza</li> <li>➤ Veg sticks</li> <li>➤ Yoghurt</li> </ul>

<b>Friday</b>	<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>➤ Breakfast pastries</li> <li>➤ Selection of cereals</li> <li>➤ Yoghurt</li> </ul>
	<b>AFTER SCHOOL SNACK</b>	<ul style="list-style-type: none"> <li>➤ Melon</li> <li>➤ Breadsticks</li> </ul>
	<b>TEA</b>	<ul style="list-style-type: none"> <li>➤ Buffet Tea</li> <li>➤ Ice Cream</li> </ul>

